Picture Day Prep Guide for Parents

Morning of Picture Day:

Before Picture Day:

Prepare:

Wake up early to manage hair and outfit to ensure a calm morning.

• Eat a healthy breakfast.

Practice:

- Practice smiles in a mirror to encourage genuine expressions.
- Remind them it's okay not to smile if they are selfconscious about braces or missing teeth.

Pack:

 Pack a picture day kit with essentials like a hairbrush and an extra outfit.

Choose a full outfit and opt for solid colors or simple patterns.

Choose an Outfit

and Hairstyle:

- Include small jewelry and accessories.
- Wearing a uniform? Make sure it's ironed and complete.
- Book a haircut a few weeks in advance, or choose a fresh cut for a neat look.

After Picture Day:

Take Note:

- Acknowledge what worked well this year for an even smoother Picture Day next year.
- Review and order your pictures
- Receive and show off your child's photos!